



23161 Greater Mack
St. Clair Shores, MI 48080
(586) 779-8892
Fax (586) 779-2869

Sanid Gilboe, A

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My name is David Gilboe, P.T. I am a practicing physical therapist and owner of David Gilboe And Associates Physical and Occupational Therapy. I have been practicing outpatient therapy for over forty years with experience in musculoskeletal injuries, postural training and ergonomic assessment.

I was introduced to the StandRite-Pro device approximately six months ago. I've had the opportunity to use it in my office with both staff and patients. Using the StandRite device promotes postural efficiency in those whose job involves performing standing activities. This, in turn, decreases energy expenditure and may decrease repetitive stress injuries in this population. When used properly, as instructed, I see no detrimental effect associated with intermittent use of the StandRite Pro.

• move, move forward, move beyond